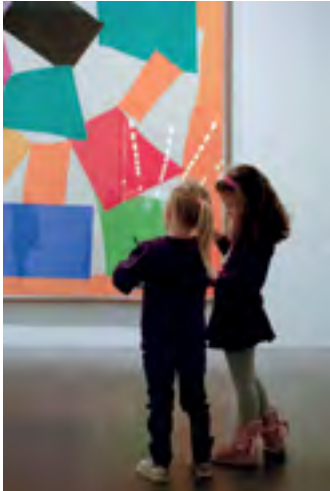


SPRING/SUMMER/AUTUMN/WINTER



**DOWNLEY
COMMUNITY**

Village News



Features

Local Events
Local Societies
Lifestyle
History
Poetry Corner
Letters
Downley Diary

Issue 94 / Mar 2013



2013 Art Show
The plans so far...



It's our business so we care.



The Partners of Wye Residential gained knowledge and expertise working in the most successful estate agencies in High Wycombe. On the take over of these long established companies by nationwide chains we recognise there is still a need for a local and independent service.

All partners have invested in Wye Residential and our business is built on delivering an excellent service to our clients. If

you are looking to buy or sell in Downley, High Wycombe or surrounding areas you can be confident that we will deliver on all aspects of Estate Agency in an honest, open and transparent way.



High Wycombe
01494 451300

Hazlemere
01494 711284
www.wyeres.co.uk

local and independent
estate agency at its best

Contents

Editorial	3	Lifestyle	
Local Events		Spirit Hair	37
Round-up of Weekly Activities	5/7	Technology Review	39/41
Local Societies		Downley Art Show	43
Chameleon Singles Group	7	Downley Calendar	45
Community Bus Survey	9	Census Article Appeal	45
Downley Parish Council News	11	J. Heartycough's Horticultural Hints	47
Support Your Local Pharmacy	13	Recipe Corner	49
Disraeli Downley Youth Club	15	'Give It A Go' Get fit plan	49
Downley Evening WI	15	Gone Phishing	51
Coffee Stop	17	Downley Spiritualist Centre	53
Downley School	19/21	History	
Downley Descants	21	Downley Ancestors part 5	55
Downley Village Evening WI	21	Poets Corner	
British Legion Standard is laid up	23	The New Arrival	57
Art Club Update	25	Hands	57
Community Plan Report	27	Letters	
Pastures Church Update	29	Winter's Worst and Downley Roads	59
St James Easter Worship	31	Letter of Thanks	61
DOSCA Community Library	33	List of Advertisers	62
Downley Connecting with Young People	35	Downley Diary	Back Page

Editorial - From Our New Editor

As you will have read in the last edition I am taking over from Bill Thompson as the Editor of the magazine. As this is my first issue as Editor I thought it would be useful to extend the Editors section in this issue to make room for all that needs to be conveyed.

I am sure you will all agree that Bill has taken this magazine to new heights as Editor. All of the individuals involved with the magazine and those I have spoken to in the community convey their heartfelt thanks to Bill for his enthusiasm, dedication and professionalism which shines through in each issue of the magazine.

The production of this community magazine is very much a team effort so I thank those directly involved for the support they give and I hope that many of you living in Downley will also contribute by sending me articles, photographs and comments which can be used to ensure this publication remains interesting, topical and up to the minute.

All of us have an article in us on the issues which fuel us and I want to see them!

It could not be easier, just email info@downley.org and I will try to include as many as possible into each issue. I have introduced a new feature about Tech we use every day so write a review on the new surface tablet or other item of tech you love or hate. What games are you addicted to on your smartphone? If tech is not for you then let me know who used to own the field on which the new housing schemes are being built and what were they used for? Are you better than all the celebrity chefs, if so, let me know about your culinary delights and recipes?

There is no category and no limit on the articles and pictures I would like to see submitted and I look forward to looking through them all.

Simon Scott, Editor



HOME PHONE SOLUTIONS

Telephone Engineering for Domestic / Residential Customers
At Affordable Prices!

- Home Phone Extension Sockets -
- Home Alarm System Connection Point -
- Home Network "Ethernet" Cabling -
- Rewires - Fault Finding - Repair Work -

Please call Steve Mosley or visit website for prices and further information:

Website: www.homephonesolutions.co.uk

Tel: 01494 472373

Mob: 07899984033

Email: steve.mosley2@btinternet.com

Based in Grays Lane, Downley

RANASANA TANDOORI

By popular request RanaSana Tandoori has been converted into a restaurant and takeaway.

Our delivery service will not be affected.

We welcome both new and returning customers and hope to see you soon.

7 Cross Court
Plomer Green Avenue
Downley
High Wycombe
HP13 5UW

www.ranasanatandoori.co.uk

01494 511 101

Tel/Fax

01494 524 227

Opening hours:

12pm - 2pm

5pm - 11pm

Open 7 days a week

Incl. Bank Holiday

(Closed: Friday Lunchtime)

Round-up of Weekly Activities

Aerobic	Tues 6.30pm, Sat 9.30am	Community Centre
Art Club	Thurs 9.30am	St James Hall
Art Group	Tues 10am	Community Centre
BCC Parenting Course	Tues 9am	St James Hall
Bridge Group	Thurs 7.15pm	Community Centre
Chipmunks Woodcarving	Wed 10am	Community Centre
Circuit Training	Wed 6pm	St James Hall
Coffee Stop	Mon 10am	St James Hall
Community Library	Mon, Sat 10am, Thurs 3pm	Community Centre
Dance Classes for Young People	Mon pm & evening	Sunnybank Hall
Dance Classes	Beginners Tues 8pm Intermediate 9pm	Community Centre
Dog Training	Tues 6pm	St James Hall
Downley Descants	Thurs evening	Sunnybank Hall
Downley Wine & Beer Club	2nd Wed 8pm	Community Centre
Downley Youth Club	Mon 7pm	St James Hall
French Circle	2nd Fri 7.30pm	Community Centre
Greatest Hits Choir	Tues 8.15pm	St James Hall
Happydoodles Children's Art Club	Mon 12.30pm	Community Centre
Homecare meeting	Tues 1.30pm	St James Hall
Karate	Wed 7pm, Fri 7pm	St James Hall
Karate (Shotokan)	Wed 7.30pm	War Memorial Hall
Line Dancing	Tues 12.45pm, Fri 10.00am	Community Centre
Links Lunches	Fri 10.30am	St James Hall
Mums & Toddlers Group - term time	Mon 9am	Community Centre
Nozee Parka	Wed 10am	St James Hall
Philatelic Club	Alternate Thurs 7pm	St James Hall
Pilates for beginners (term time)	Wed 9.30am & 12pm	Community Centre
Simply Walk	Mon 10am	Community Centre
Sing & Sign	Thursday 9.30am	Community Centre

Continued...

D & P HEATING

Gas Safe registration No. 132 888
Gas Heating, Servicing and Repair
Your Local Gas Service Team

Dave Price. Downley 01494 527631 or 07802 621263

George Bennett. Hazlemere 01494 715230 or 07721 513112
For Appointments

FREE Quotes. No Callout Charge

Our Team provides the highest standards to our customers

- General Building
- House Refurbishments
- Kitchen Design/Fitting
- Bathroom Design/Fitting
- Special Needs Bathing
- Project Management
- Cure It-GRP Waterproofing system for flat roofs
- General Repairs
- Painting-Decorating
- Window & Doors
- Guttering, Fascias
- Carpentry
- Plumbing/Plastering
- Gardens/Patios
- Flooring Specialists

"Amazed at their skill, speed and perfection"

"Marvellous! In timescales and budget"

"Master builders of the highest calibre"

Call us NOW for your free quotation

■ 01494 483924 ■ office@hammond-construction.co.uk
■ www.hammond-construction.co.uk

Fully insured, References upon request

(see mybuilder.com/ratedpeople.com for our client references)



**Hammond
Construction**

Building firm foundations

**10% Discount
on January 2013
bookings**



53131



Downley Spiritual Centre	Fri 7pm	Community Centre
Tai Chi – for Arthritis (term time)	Wed 10.45pm	Community Centre
Tai Chi	Wed 6.45pm	Community Centre
Tai Chi	Thurs am	Sunnybank Hall
Tiger Martial Arts	Mon 5pm	War Memorial Hall
Weightwatchers	Thurs 5.30pm	St James Hall
Yoga	Tues 6.15pm, Fri 9.15am	War Memorial Hall
Zest for Life	Mon 8pm	Community Centre
Zumba	Mon 8pm	War Memorial Hall

Chameleon Singles Group

We ended 2012 with our Christmas Dinner on 15th December and a New Years Eve party at one of our member's homes.

The Christmas dinner this year was held at the Chiltern Hotel in Saunderton and once again well attended. Our host Carole certainly pulled out all the stops to arrange an evening with both good food and entertainment that was enjoyed by all.

The New Year brings our AGM and a review of the year gone by and a look ahead to some great events in 2013. Our first of the year for January and February has once again included a variety of popular regular events including at home evenings, quiz nights, pub nights, and meals out. We also add in a sprinkling of other events that include cinema visits, walks, bowling and for Shrove Tuesday a Pancake Night. In early March we plan to try our hand (or should that be feet) at a Ceilidh and will also be making a visit to a local brewery.

Following the success of our holiday last year to Blackpool we are planning this year to visit the Beer Festival in Munich at the end of September. With hopefully drier weather this year, at least at some point, we plan to do some day trips to places of interest including one to the coast. All events are suggested by



our members so at Chameleon there really should be something for everyone!

Our pub night on the last Friday of the month is a great place to meet new members and you would be very welcome to come along. We meet from 8pm at The Crown, Amersham Road, Hazlemere. There is food available if you wish to eat until 9pm from a reasonably priced menu. You are of course welcome just to join us for a drink, a chat and to find out more about the group.

Our membership includes a number of local people from Downley, West Wycombe, Sands and surrounding areas. If you are single, 30 plus, looking for a better social life and new friends then why not give us a try? There are no strangers at Chameleon, just new friends to be made in a social group run by and for its members.

To find out more call Joyce on 01494 – 817895, Martin on 07747 - 703663 or e-mail: chameleon_bucks@tiscali.co.uk. Visit us on-line at www.bucksvoice.net/chameleon for more information and an events listing.



Electrical & Plumbing Services

For your entire domestic electrical and plumbing needs, from repairs and maintenance to complete installation.

- Additional socket outlets • Fuse board upgrades •
- Full electrical installations and rewires • Smoke alarms • Electrical installation condition reports (EICR) *formerly known as "periodic inspection report"* •
- Plumbing installation and repairs • Full Bathroom suites • Kitchen installations •

Contact us on 01494 443445

"We're a small company with a big heart"

44 The Pastures, Downley, High Wycombe, Bucks. HP13 5LY

DOMESTIC • COMMERCIAL • INDUSTRIAL



Visit our website
www.tlc4you.biz

Free Judo lesson with a British Champion



An opportunity to learn judo from one of the best, right on your doorstep! For **Boys and Girls from 5-16 years old**. There are now classes at Maplewood school with A.S Judo run by ex British Champion Alan Scott and his team of Champion instructors.

It's action packed fun, you can make lots of new friends and you can build both strength, flexibility and confidence.

Get your first session free if you call and book with Alan Scott on:

Tel: **07776 442 963**

Thursday at Maplewood School

Wellton Way, Downley, High Wycombe,
 Bucks (near junction HP13 5HR)
 Class time: 17.30-18.15

The club is a charity promoting children's and women's leisure



Email: alan@asjudoacademy.co.uk
www.asjudoacademy.co.uk

Community Bus Survey

The survey questionnaire published in the last issue of the Village News received only a very low response rate and so it is being reprinted here to give an additional opportunity for residents to respond.

The parish council are examining the feasibility of setting up a mini-bus service to enable residents without cars living in the area at the bottom of Plomer Hill to travel to and from the amenities at the top of the hill and to the various surgeries on the west side of High Wycombe.

An additional bonus to this proposal is that community activities at St. James Church and the Community Centre (including the Library) at School Close would also be accessible.

In order to establish if there is sufficient interest to justify the time and effort required to set up such a service, can you please complete the questionnaire below. If there is a good response, the parish council will then set up a steering group to take the project forward.

Please drop off your completed questionnaire form to the Downley Pharmacy at Cross Court or send your responses to info@downley.org.

Alternatively you may complete an online survey at www.surveymonkey.com/s/BLQJJ3R

Question 1. Would you use a shuttle bus between the bottom of Plomer Hill and Littleworth Road/Cross Court? Yes/No

If so, how many times a week _____ or times a month _____?

Question 2. Would you use a shuttle bus between the bottom of Plomer Hill and St. James Church/Downley Community Centre at School Close? Yes/No

If so, how many times a week _____ or times a month _____?

Question 3. Would you use a shuttle between the village via the bottom of Plomer Hill and the doctors surgeries at West Wycombe Road and Desborough Avenue?

If so, how many times a week _____ or times a month _____?

Question 4. Even if you already have a bus pass, would you be willing to pay a small fee if needed to enable the minibus service to operate? Yes/No

Question 5. What level of fee for a return trip do you feel would be appropriate?

50 p ___ £1 _____ £1.50 _____ £2 _____

Question 6. Would you be prepared to volunteer to help organise and manage this project?

Yes/No

If “Yes“ please supply your contact details via email to downley_pc@tiscali.co.uk or phone the Parish Council on 01494 462195 and leave a message.

Tree Surgery, Fencing, Gates, Decking etc All to a high standard

Woodland Management

By Qualified Forester

Fully qualified and insured

- Free quotes
- Free Advice
- Free Ideas



20 years experience

Call Tim on:-

01844 275874 or
07906 168547



ALL GENERAL MAINTENANCE WORKS CARRIED OUT

No Job Too Small From A Dripping Tap To a Full Size Patio

PATIO SPECIALISTS
WALL & FLOOR TILING
PAINTING & DECORATING
PLUMBING
FENCING
BLOCKED DRAINS / GUTTERS CLEARED

Call Trevor For Free No Obligation Estimate - No Call Out Fee

Tel: 01494 638953

Mobile: 07754 948743

Email: suttonsproperty@aol.com

Downley Parish Council

News

Dates for 2013 diaries:

- Sunday 12th May - Annual Downley Walk starting at 2.00 p.m. from the War Memorial Hall
- Saturday 22nd June - Downley Day at Commonsides starting at 1.00 p.m
- Saturday 13th July - Concert on The Common starting at 7.00 p.m
- Tuesday 5th November - Torchlight Procession and Bonfire on The Common starting at 6.30 p.m
- Sunday 10th November - Remembrance Day Service at Downley War Memorial Hall at 3.00 p.m
- Tuesday 31st December - Lighting the Millennium Beacon at Commonsides at 1.45 p.m

Copies of the Parish Council's Minutes are available at the Downley Community Library for residents to read. They are also included on the Parish Council Website.

Please note that the 8 Parish Council notice boards can be used to display notices for Downley based organisations provided that at least 4 weeks notice is given. Please drop off notices at the old post office in an envelope addressed to Downley Parish Council.

Please ensure that A5 size notices are supplied.

Street Lighting

If anyone wishes to report details of street light repairs needed in the following roads, they need to phone Ringway Jacob

(lighting contractors for Bucks County Council) on 0845 – 2302882.

Plomer Hill, Downs Park, Hillfield Close, (Hithercroft Road and Pastures from junction with Tinkers Wood Road up to Bellfields), Westover Road, Sunnycroft, South View, Woodcote Green, Pheasant Drive, Southfield Road, Middlebrook Road, White Close and Merry Down. There are no “scouts” employed to do spot checks of lights that are not working in these areas, so the contractors have to rely on members of the public contacting them with details. For all other roads in Downley, please report outages to the Clerk via phone on H.W. 462195 OR via email to downley_pc@tiscali.co.uk

Council Meetings

Parish Council meetings are on the 2nd Tuesday every month. Up to 30 minutes are allowed for public questions. In January, March, May, July, September and November meetings are at the War Memorial Hall, starting at 7.45 p.m.

In February, April, June, August, October and December meetings are at the Downley Community Centre, School Close starting at 7.45 p.m.

The Annual Parish Meeting will take place at the War Memorial Hall on Tuesday 23rd April 2013 starting at 7.45 p.m. Agendas are posted on the Parish Council notice boards at least 4 days in advance.

The Clerk (Chris Hamilton) can be contacted on 01494 462195 or by email at: downley_pc@tiscali.co.uk

**Spring clean your central heating system
With a Kamco power flush
10% off with this advert**

Cold radiators, noisy boilers, blocked pipes and sludge
COSTS YOU MONEY

With our specialist kamco power flushing equipment we can show you exactly what is in your heating system and provide you with a before and after samples just to show how efficiently your system has been cleaned.

Costs are easy to calculate just add up all your radiators times by £50 per radiator Minus 10% discount and add £30 for Sentinal X400 central heating sludge remover and Sentinal X1 00 central heating scale inhibitor

**Call Brian Beckley on 01494 638160 or 07982245917
Email. bbplumbingservices@hotmail.co.uk
All other plumbing services provided**

Are you passionate about photography?
Are you proud of the photos you take?
Would you like to meet other keen photographers?
If so why not join us?

We are your local camera club and would love to share our enthusiasm with you.

Please visit our website to see our programme. Our usual meetings are on Thursday evenings. We are a small friendly club and welcome new members.

Wycombe Photographic Society
www.hwphoto.org



Support your Local Pharmacy!

Downley Pharmacy has gone from strength to strength in its' first six months of business & the pharmacy team would like to thank the local community for the tremendous welcome and support the pharmacy has had since opening on Downley Day 2012. The recent waves of winter sickness bugs & snow have really highlighted the benefit of having a pharmacy on your own doorstep.

Pharmacist Fiona Wyborn is keen for anyone who hasn't yet made use of the pharmacy to try them out the next time they are due to order their prescription or have any health related query. Fiona says "It's crucial the whole community supports and uses the new pharmacy to ensure its continued success. We are delighted with all the positive comments from customers , the most common being "it's so handy to have you here" which is great to hear and we really feel we are getting to know many of the local residents which enhances the help and service we can offer.

The Pharmacy offers a full repeat prescription order and collection service open to all patients from all surgeries in the Wycombe area and can also deliver your prescription free of charge so now there's no need to make repeated trips down the hill to town centre GPs & Pharmacies. "We are keen to improve access to healthcare for local residents" says Fiona, "That's why we are fully supportive of the community council initiative to gauge the demand for a new not-for-profit Bus service that would make it easier for residents to get up & down the hill and also to the main local GP surgeries. If you haven't filled out a questionnaire yet, pick one up from the pharmacy!"

OUR NEW SERVICES;

- NHS Stop Smoking Service – Free one-to one support & nicotine replacement patches etc without the need to see a GP- ring for an appointment
- NHS Medicine Use Reviews - a simple chat with the pharmacist to make sure you are getting the best out of the medication you take and don't have any side effects or other issues.
- NHS New Medicine Service – Extra support & information for the first few weeks when you start a new medication
- New Travel Service! Our Malaria service means you can now obtain advice and ALL Anti-malaria preventative medications without the need for a GP appointment
- Coming Soon! Weight management service - based on sustained lifestyle change via one to one or group sessions

Our chiropodist Chris is available by appointment on Wednesday afternoons and we would encourage any other therapists or groups that may wish to make use of one of our treatment rooms to get in touch. Once again- thank you to all our customers for your welcome and support and we look forward to meeting more Downley folk soon.

Fiona, Marie, Louise, Marie and Jackie



Keeping It Clean

Domestic cleaning, Ironing and laundry

Are you looking for reliable cleaners?

We are offering our assistance in your neighbourhood and would be happy to help with your cleaning and laundry needs, we can provide references if required.

- One off cleans
- Spring cleans
- Elderly discount
- Office cleaning



Call us 07563638587

Are You Sitting Comfortably?

Antique, Modern & Traditional

Re-upholstery & Repairs

Wide Range of Fabrics

Alternatively:-

If your worried about keeping your sofa clean with kids and pets around? Why not consider loose covers and 'Re-cycle your Old Sofa with a New Lease of Life.

*Ring for a FREE estimate
and give your sofa a
'New Lease of Life'
City & Guilds, Est. over 30 years*



Ring: Brian or Kevin

01494 638004

07966 108516

01296 670385



Disraeli Downley Youth Club

Wanted Urgently - Female Volunteers!

The Youth Club has been successfully running in the Hall behind St. James's, Plomer Hill, Downley on Monday evenings for over three years now offering Youth Club activities, outings and trips. Sessions are from 7pm to 9 pm. Membership is climbing.

Young people between the ages of 11 and 16 are welcome. Join now to book for the summer Longridge weekend.

Leading the Club at present are two very competent Sports Management students from Bucks University.

As the Club is, of course, open to both boys and girls, we are obliged to find female volunteers to be in attendance and this is presently proving very difficult.

The involvement could be just to attend, to organise the tuck shop, or to take part in any activities if you wish. This need only be on an occasional basis if we can find a few volunteers to form a rota.

If you feel you are able to help us provide this opportunity to our local young people – and would like further information or to discuss – please be in touch.

Disraeli Downley Youth Steering Group – the youth club committee:

Chairman – Patrick Crotty
patrick@crotty.co.uk 07711 107 975

Secretary - Margaret Williams
m-williams26@sky.com 01494 527629



Downley Evening WI

Ladies – why not come along and visit Downley Evening WI. We meet on the second Tuesday of each month at The Pastures Church Hall, HP13 5RR at 7.45pm. We are a friendly, lively group of ladies and you would be made most welcome.

Over the past few months we have been entertained by our very own group 'Delectable Selection', learned about 'The Story of the Kitchen and Cooking Pots' and at the start of this year, we shared a very informative meeting with Downley Village Evening WI, when we heard all about 'Policing the Newbury Bypass'. At the end of November, our 'Angelicus' concert proved a great success and was a lovely start to our Christmas celebrations.

In the coming months, we are looking forward to 'Travels along the Silk Route', Windsor's Savill and Valley Gardens and hearing about the work of the Magistrates' Court. Our ever popular Literary Lunches continue each month as does our Craft Group.

So if you are looking for new friends or a new interest, do come and join us. You will not be disappointed.

For further details contact: Janet Durkin 01494 535662

theWI
INSPIRING WOMEN

Altea Downley Beauty & Holistic Centre High Street, Downley
01494 528285 www.alteadownley.co.uk

*******NEW TREATMENT AT ALTEA*******

BAMBOO MASSAGE

A powerful massage that delivers stress relief, lymphatic drainage and helps improve circulation. Ideal as part of a weight loss and detox programme.

CELEBRITY ENDORSED HEAVEN LUXURY FACIALS BODY TREATMENTS USING HEAVEN ORGANIC PRODUCTS MANICURES, PEDICURES, GEL NAILS, ACRYLICS AROMATHERAPY HOT STONE, THAI, SWEDISH MASSAGE WAXING, TINTING, SPRAY TANS, REFLEXOLOGY HOPI EARS CANDLES, INDIAN HEAD MASSAGE EYELASH EXTENSIONS & MAKEUP

ALTEA*** £5 OFF *******

ANY TREATMENT OVER £25 WITH THIS VOUCHER
VALID UNTIL 30/4/13

(Not available with any other offer or concession)

THANKYOU FOR SUPPORTING LOCAL BUSINESSES

Altea is also now at Elwood's Hair, Castle Street, High Wycombe, 01494 525050

Also (Downley only): NUTRITIONAL ADVICE & SUPPORT,
COUNSELLING, HYPNOTHERAPY, ACUPUNCTURE, MEDITATION

Simply Stumps



TREE STUMP REMOVAL

Specialising in fast efficient removal of unwanted tree stumps. Highly professional and reliable service. We are locally based and are able to offer the cheapest prices around! For a free estimate or friendly advice call Scott on:

01494 564976 or 07714 757888

www.simplystumps.co.uk

The Coffee Stop

As I mentioned last time, we at The Coffee Stop celebrated our 10th birthday last October and subsequently Christine has produced an illustrated book covering our history so far.



At the Christmas event we had our usual visit from the children of the Downley School to sing carols and seasonal songs and thoroughly delightful they were, our thanks to them and their teachers for giving up their time for us.

A few months ago we were delighted to hear that we had been left a legacy from the estate of our much missed former customer and friend Charles Schofield, this has incurred several discussions as to how to spend it appropriately. One decision was to give everyone attending our Christmas event a present of a box of biscuits (thanks are due to Emily, Christine and Maggie who organised this), secondly the legacy has paid for the printing of Christine's book which has helped us to keep the price down to a very reasonable £2.50, a few copies are still available and can be bought at a Monday get together. Lastly the legacy will subsidise our annual helpers lunch so we can hire a minibus which will enable all of us to have a glass of wine if desired. We are most grateful to Charles for remembering us and would hope that he would approve our actions. More generosity came from the daughter of Amy, another of our much missed former customers, when, to honour her mother's birthday, she paid for the lunch of all Amy's friends and donated any surplus to the helpers, we are going to buy a prize to be raffled amongst all of us at our lunch next week,

thank you Brenda.

You may have noticed that the menu changes a small amount now and then, we have discontinued serving jacket potatoes for the moment due to a drop in demand although the home made soup remains very popular, please let us know if there is anything you would like to see introduced or varied bearing in mind that we shop for just one day and cannot store fresh items.

It is lovely to see new people coming to meet their friends, we are not a club that you have to join, we are just a village resource and everyone is welcome so if you are newly retired, new to the area or a young mum at home with a baby or toddler do come and visit us.

Our thanks, as always, to the many people who help and support us in various ways, more volunteers are always welcomed and it is a great way to make new friends. Our particular thanks go to Don Pryde who keeps all our accounts in order, he does a wonderful job but there is only one of him and he would very much like someone else to share the task. Is there anyone out there with an aptitude for numbers or a skill in book keeping who would be willing to assist him? Oh and before I forget, Happy New Year to you all!

*Ann Buxton
pabuxton@hotmail.com*

P.K. STROY

QUALITY BUILDER

- Extensions
- Patios
- Drives
- Brickwork
- Block Paving
- UPVC Windows/Doors
- Decorating Service
- Plastering

T. 01494 442886 M. 07876 254131

E. peter.stroy@btinternet.com

11 Green Leys, Downley, High Wycombe, Bucks, HP13 5UH

PETER C CORK

Plumbing • Bathroom Specialist • Ceramic Tiling

GENERAL PLUMBING INSTALLATIONS & REPAIRS

FULL BATHROOM DESIGN & INSTALLATION INC TILING

EN SUITE & CLOAKROOM CONVERSIONS

WET ROOMS

POWER SHOWERS

WATER SOFTENERS SUPPLIED & FITTED

FULLY INSURED

ALL WORK GUARANTEED

ESTABLISHED OVER 25 YEARS

CALL FOR A FREE COMPETITIVE ESTIMATE

Tel/Fax 01494 443581 Mobile 07770 694131

1 White Close High Wycombe Bucks HP13 5NG

Downley School

Life at The Downley School continues to be exciting and forward thinking.

In October the staff were privileged to work with Dr Neil Hawkes during our INSET day. Dr Hawkes is the pioneer of 'Values Based Education'. As a school we strive to promote excellent values, and we also want to make these as explicit as possible and to embed an 'ethical vocabulary' throughout all areas of school life. We hope this will help our children (and staff and parents) to further embed our shared vision of 'Learning, Growing and Succeeding Together'. In December we hosted an evening for the school community with Dr Hawkes presenting the benefits of embedding such an approach. Over one hundred people attended and helped us to identify the values which our community consider to be the most important. As a school we are excited to be building on our excellent work with the goal of enhancing learning and standards even further.

The children have been exploring life outside of Downley in the last few months. Year 3 visited Pitt Rivers Museum in their quest to learn more about the ancient Egyptians. Year 5 visited Sulgrave Manor, enhancing their knowledge of life in Tudor times. Year 2 pupils developed their local knowledge with a walk around Downley and Year 4 children drew crowds into The Pastures Church with their excellent interpretation of 'The First Christmas'. The choir also delighted local residents at St James Church Coffee Stop, singing for them as they enjoyed their Christmas lunch.

In school we continued to welcome visitors. Reception children performed their version of The Nativity to their

parents, other pupils of the school and the senior citizens of Downley. Year 1 invited Wycombe Museum in to help them contrast toys of the past with those of the present day. The staff enjoyed this day as much as the children, delighting in playing with 'old fashioned toys' we all held so dear when we were their age. 'Dads In School Day' saw many dads and granddads coming to school to help out in lessons and learn alongside their children. Our friends at Maplewood School came to watch the Year 4 performance and then returned the invitation to Year 4 to watch their Christmas assembly. It's wonderful for the schools' children and staff to have the opportunity to work together.

We consider charity work to be very important and have raised lots of money for people who need help. Whilst having fun back in November, we joined thousands of other schools in raising money for Children in Need. We also added a local cause and donated half of the money raised on this day to Rosie's Rainbow Fund. We are currently supporting the NSPCC.

Anti Bullying Week was a reminder to our children that 'We're Better Without Bullying'. Our Monday assemblies and class discussions often focus on anti bullying and crucially, what children should do if they feel uncomfortable or unsafe ever at school.

Our out of school sports fixtures continued until the nights drew in and it got dark early. We will resume fixtures later on this term.

Continued...



Tutor

High Wycombe

Resident in Downley, I am a science graduate,
a qualified teacher and a mum.

- **11+ Tutoring**
- **Literacy and Numeracy help for all ages**
- **KS3/4 Physics, Chemistry and Biology**
- **KS5 Biology**

To discuss your needs please call me;

Jill: 01494 510077

07703 574610

jillburrell@rocketmail.com



MARK BRAISHER MORTGAGES

Residential mortgages, Buy to Let mortgages,
Life Insurance, Critical illness,
Income Protection
Buildings and Contents Insurance



T: 01494 442719 | M: 07891 688525

info@markbraishermortgages.co.uk | markbraishermortgages.co.uk

48 Westover Road, Downley, High Wycombe, HP13 5HX

Downley School continued...

The Governing Body hosted an excellent evening of training and networking with Governing Bodies of other local schools. This was a very valuable evening of exploring school standards and learning from other Outstanding schools about their practice. The Parents Association have also been very busy. The PA Christmas Fayre was a brilliant success. More people than ever

before visited and the money raised will benefit every child. These two teams of incredibly valuable volunteers demonstrate the values of compassion, dedication, commitment and generosity as well as many others.

As the evenings become lighter (and the snow melts), we look forward to lots of exciting activities and enjoying our spring term at The Downley School.

Mrs Webb, Headteacher

Downley Descants

Your local Community Choir, commenced in September last year, the term culminating in a concert attended by an audience of over 100.

We were encouraged by the favourable comments received and also pleased to be able to donate a total of £350 to two local charities: South Bucks Motor Neurone Disease Association and South Bucks Hospice Butterfly Appeal.

Our spring term has already begun and we are working on songs from the musicals, including Les Miserables. We hope to put on our second concert in the summer.

We started as a group with mixed

abilities but, with Louise Langley's patience, guidance and sense of fun we have now become a choir! Currently, membership stands at over 50 but we always welcome new members and especially need more men so if you are interested contact:

Lyn on 01494 436063

or email grannyandbobby@tiscali.co.uk



Downley Village Evening WI

Ladies why not come and pay us a visit this year. We meet the 1st Tuesday of the month in the Community Centre at 7.45 pm

Speakers are booked for most months and cover an interesting range of subjects. We also hold social events and as the weather improves, outings. Our County Federation has outings planned most months with pick-ups in H/W.

The WI is friendly, fun loving and warm hearted with members of all ages, and we at DVE are no exception. Do come and join us one evening.

Details Pat Heath 01494 535998. BFWI Office 01494 526685

theWI
INSPIRING WOMEN

Body & Soul

01494
440759

- Gel nails
- Manicures
- Pedicures
- Facials
- Massages
- Eyelash extensions
- Party eyes
- Waxing
- Permanent hair removal
- Sunbed
- Body treatments
- Package deals
- Gift certificates

Plus everything else
you'd expect from a
professional salon

Fully automated booth uses
exclusive patented Microcore
technology giving incredible,
complete and even coverage to
deliver the ultimate self tan

That's so
SUN MAKEUP



AUTOMATED SPRAY BOOTH

www.bandsbeauty.com

3 Cross court, Plomer Green Avenue, Downley, High Wycombe. HP15 5UW

YOUR LOCAL

REGISTERED STOCKISTS AND INSTALLERS OF

GARAGE DOORS & REMOTE OPERATORS

- QUALITY DOORS ALL SIZES
- MADE TO MEASURE
- SECURITY LOCKS & SHUTTERS
- REMOTE CONTROL DOORS
- SUPPLY - FIT
- SPARES - REPAIRS
- FULLY GUARANTEED



LOCAL RESIDENTS -10% DISCOUNT ON STOCKED DOORS

Academy/GB Doors LTD

REGISTERED INSTALLERS
HORMANN / GARADOR / CARDALE / WESSEX / HENDERSON
RUNDUM / SILVELOX / NOVOFERM

CALL FOR A FREE ESTIMATE
01494 539339 / 01628 488070

MANY WORKING DOORS & OPERATORS ON DISPLAY AT:
SHOWROOM, PERTH HOUSE, GRAFTON STREET, HIGH WYCOMBE, HP12 3AJ

The Standard of the Downley Branch of the Royal British Legion is laid up.

A special service was held at St James Church in Downley on Sunday 10th February incorporating the Laying Up of the Downley Branch Royal British Legion Standard.

For anyone who isn't familiar with the use of Standards, it is an ornately decorated flag carried at the front of a military procession. The Standard is always supposed to be treated with much honour.

This was the first time since 1996 that the Standard had been seen in public and its initial discovery took Kevin Taylor, High Wycombe Branch Vice Chairman somewhat by surprise, as he explains,

'Myself and Roy (the HW Branch Chairman) were sorting things following the Poppy Appeal Period when we came across a folded Standard. This is unusual as whenever a Standard is taken out of use, they are laid up in a place of worship. Imagine our surprise when it turned out to be the Standard for the old Downley Branch'.

The Downley Branch closed back in 1996 with the membership being transferred to other local Branches and the HW Branch seemed to take charge of the Standard – however it seemed to have been put to one side with a view to it being laid up at some point in the future.

'It isn't clear why the Standard was never laid up properly but we are going to

do it now', added Kevin. So, the only right and proper thing to do was follow protocol and give the Standard an everlasting home in St James' which, as the parish church, is its right, so to speak. Now, since this article was written a little time before the day itself, I don't know whether the weather was good enough for a short parade from the Downley memorial Hall to the church building. But giving the Standard one last outing before putting it on permanent display in the church is a lovely thing to do. We will treat it with as much love and respect as anyone who becomes part of our worshipping community.

If you participated in the service, all of us regulars at St James' hope you enjoyed the occasion and have a sense of peace that. In the life of the church, we understand the tremendous importance of making a good start and a good ending. The Standard is now on permanent display so, if you'd like to come and see it, why not simply join us for worship at 11.00am any Sunday. You will be very welcome indeed.

Thank you very much to all who attended and/or helped make the Laying Up service happen, especially the High Wycombe Branch of the Royal British Legion, our wardens Jo and Susan and Mike Jacobs. Thanks also to Jools Pritchard for permission to use her original press release as a base for this article.



Downley Community Centre

The Old School

Sweaty Betties

Aerobics



Every Tuesday 6.30pm – 7.30pm
Every Saturday 9.30am – 10.30am
1st Session Free, £5 thereafter

Just turn up and join in the fun.....
or contact Steph Emery 07739 106107

ALL ABILITIES WELCOME!!

sweatybettiesaerobics@hotmail.co.uk (can be found on Facebook)

THE PAINTED KITCHEN COMPANY

Beautiful kitchens hand painted

We have the perfect recipe for creating a hot new look for your kitchen this year!

With so much emphasis currently on saving money, this could be the perfect time to refurbish an existing kitchen. We will repaint your units, add new worktops, replace appliances (we are an approved Neff supplier), remove existing wall tiling, apply a fresh coat of emulsion to the walls and even install new flooring.

Before



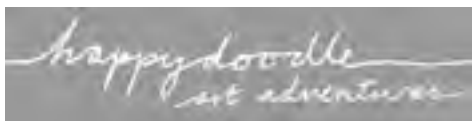
After

Don't put off that much needed makeover and call 01494-718782 or email sales@thepaintedkitchencompany.co.uk

See more examples at www.thepaintedkitchencompany.co.uk

Art Club

Update



Happydoodle art club is now well established in Downley, running Monday after-school courses for children aged 5-12 each half term. We had a great response to our last Village News article- it's definitely time for an update...

The autumn term was so much fun - our doodlers learnt about a different artist each session, inspiring new techniques and ideas. From Picasso portrait painting to Hepworth style clay sculptures, our doodlers made some fantastic work to take home. We are so impressed by their efforts and want to say a very big well done to everyone who has attended a happydoodle course since we set up in September. We have some great new sessions planned for this term - once it stops snowing - and we can't wait to get started. Get in touch to join the waiting list for next term...

We ran a series of toddler sessions last term as well, which were again attended by some very creative young people! Book early for toddler holiday sessions as these are really popular and a great chance for pre-schoolers to try something new. In other news we have been visiting the Heights nursing home and running craft sessions for the residents, a most rewarding way to spend a morning. We also ran a birthday party for one arty young man, featuring headdresses and clay creatures - the kids had a brilliant time.

Talking of holiday sessions, our Christmas Workshops were well attended and festive in the extreme. We made wrapping paper, labels, felt candy cane mice, mini-canvases and

toy owls as gifts! Thanks to all those who came along, it was brilliant to see you all in full Christmas mode.

We don't just make art at happydoodle, we also love to go and look at it. We had a great family trip to Tate Modern over the holidays with many of our doodlers and their families. We were amazed - and impressed - with just how absorbed the kids were in the gallery. Sketch pads at the ready, they loved seeing works in real life that we had shown them in books, such as Matisse's *The Snail*, and the room of Rothko paintings.

Look out for happydoodle courses, workshops and visits in the coming months. We have lots of exciting events lined up, so keep an eye out for our Facebook page, which includes a gallery of work made so far, on:

www.facebook.com/happydoodlearts To find out more, or to join our mailing list, please call us on 07448793813, or email happydoodlearts@gmail.com.



Pushchairs and CarSeats.co.uk



The Slate Barn,
Mongewell Park Farm
Wallingford Road
Wallingford, OX10 8DY
Tel: 01491821877

E: shop@pushchairsandcarseats.co.uk
www.pushchairsandcarseats.co.uk



Use discount code
Downley10 to save
£10.00 when you
place an order over
£50.00

The Internet site
that you can visit



The Window Doctor

CARE & REPAIR FOR ALL YOUR
UPVC & ALUMINIUM WINDOW
& DOOR PROBLEMS

- Replacement of broken down sealed units
- misting up inside glass
- Adjust front & back doors that do not shut
- New handles, hinges and door locks
- Replacement of patio door wheels
- New security handles with keys
- New door panels and cat flaps
- New Georgian style or leaded style sealed units
- All insurance work • Burglary damage • Servicing



PLUS INSTALLATIONS OF NEW UPVC WINDOWS & DOORS



Call us for a FREE Survey and Quotation.

No call out charge



Friendly Family Established Business

Cowling & Co.

Mobile: 07860 435742

Tel/Fax: 01494 483567

email: [windowdoctor@jcowling.plus.com](mailto>windowdoctor@jcowling.plus.com)

www.windowdoctor.co.uk

Community Plan Report

It is now about 2½ years since the Community Plan was launched and the action group felt it was time for a review of progress to date. The following is a summary of the status of the “Community” section of the plan. Environment and Transport will be covered in the next issue.



- Outdoor sports facilities. No action taken yet
- Playground. The responsibility for the School Close playground has now been transferred to WDC and the seating is complete
- BMX track – no action yet
- Allotments – Efforts are continuing to find a suitable space
- Community Centre – complete
- Communications – Complete and ongoing. It has been suggested that QR codes could be appended to noticeboards to replace the Welcome Pack. A noticeboard at the bottom of Plomer Hill is still outstanding
- Adult Education. This has proven difficult to organise centrally. Individual initiatives such as the choir, Happydoodle and creative writing are good examples of how to proceed, ie. individual “teachers” to set up their own groups
- Doctor. This has been investigated and there is currently no realistic prospect of attracting a surgery to the village
- Swimming pool – The pool at Maplewood School is now available for use by local people. Opening times are Thursday evenings at 7pm. Ladies only at present. See: <http://www.better.org.uk/leisure/maplewood-school-pool>
- War Memorial Hall – complete
- Youth Liaison. Downley Day and the Village News continue to support the Youth Club. A group of local parents are developing more ideas for youth activities
- Police. Police presence has increased to 3 PCSOs and 2 beat officers. Communications to be continued through the Parish Council. TVP are attempting to resuscitate a Neighbourhood Action Group
- Indoor Sports – no action yet

The Action Group are always looking for local residents to join and to help push forward the ideas contained in the plan. Anyone interested should contact info@downley.org.

Bill Thompson, Chairman

CLEANER REQUIRED

*Professional Couple require a reliable
and hard working cleaner
(plus some ironing)
for around 3 hours a week.*

*Day and start time flexible.
Thursday / Friday preferred but not essential.
Modern house, no pets or children.*

*Please contact
07767 805804 or 01494 630626*



ARCHITECTURAL PLANS

Plans prepared and submitted
for all types of home
extensions, loft conversions,
conservatories, garages
and internal alterations by
chartered architect.

**Contact Frank:
(01494) 462894 or
07712 010882**

RIBA 

MOBILE BARBER

JESSICA HAYWOOD
11 YEARS EXPERIENCE



I CAN VISIT YOU IN THE COMFORT OF YOUR
OWN HOME OR YOUR WORK PLACE AT A TIME
THAT SUITS YOU...

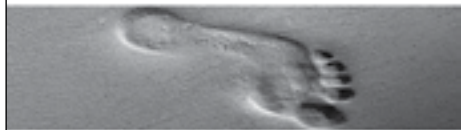
NO MORE TRAVELLING AND WAITING IN THE
BARBER SHOP

I CAN BRING THE BARBER SHOP TO YOU!

CALL ME TODAY ON 07877 673174
HIGH WYCOMBE & SURROUNDING AREAS

Foot Care

- Nail Trimming
- Thickened Nails
- Hard Skin
- Corns
- Fungal Nail
- Ingrown Nail
- Verrucae



CHRIS SAUNDERS MCFHP MAFHP
Mobile Foot Health Practitioner
01494 611411

Heart of the Community

Downley Village and the surrounding area is such a special place and it is our pleasure at The Pastures Church to serve such a diverse and great community of people.

At the moment, we are thinking about how we could do better.

“Heart” is an initiative by The Pastures Church to discover the best way forward to serve the square mile community around its building known as the Downley Village and Disraeli District, High Wycombe. As a Church, we want to change our building, methods, events, and projects to best serve you, your neighbours, your family, and your friends.

How can you get involved?

Complete our survey online <http://goo.gl/GHHNz> or by inviting us to your home for an interview by contacting the church office [pasturesoffice@gmail.com or 01494 525074]. In fact we are so keen we have an optional prize draw for £50 of John Lewis vouchers [winner announced at Church event on Palm Sunday]. We even have a scheme for people to be paid to do survey work so please contact us if you are interested.

We can explain other ways to get involved too including visiting our facebook page or joining our blog; <http://pasturesheartproject.wordpress.com>

Enjoy Easter at The Pastures Church: Experiencing the power of Jesus over sin, evil, sickness, and death. Our timetable is;

- 10am for 10.45am Palm Sunday 24th March All-Age Baptism Celebration and Community lunch! Come and experience the beautiful act of spirituality
- 10am Good Friday 29th March Experience the Cross Encounter Service and Good Friday kids club followed by Hot Cross Buns with Jam!
- 10am for 10.45am Easter Sunday 31st March All-Age Easter Celebration suitable for all ages and backgrounds with music, multi-media, drama, and life-changing experiences

ROCK SOLID

Our term-time project where children, teenagers, and families can experience God through fun, music, messy games, sports, life-skill workshops, drama, food, and modern technology.

Enjoy one of our groups shown in the pictures. They run for different ages and are always accessible. We look forward to providing you with much more information when you contact us or pop in.





JH Austin & Son

Established 1972

Painting & Decorating

Interior & Exterior work

CHAS Registered & City & Guilds Qualified

Tel: 01494 464366

Mob: 07738 906674

Email: noeljohnaustin@hotmail.com

- All makes of cars
- Fault finding diagnostics
- MOT preparation
- Welding etc

HIGH CLASS
SERVICING & REPAIRS
....AT VERY COMPETITIVE PRICES

M & J MOTORS

FREE COLLECTION & RETURN
COURTESY CAR AVAILABLE

*We are seldom beaten for value or
friendliness, so for all your motoring
needs call Pask or Paul now*

Tel. 01494 521924
Mob. 07957 860832

The Dairy, Downley Common,
High Wycombe HP13 5YN

- We now
recharge & service
air conditioning

The Parish Church of St James the Great, Downley

"The smaller church with the bigger heart"

Lent, Holy Week and Easter Worship 2013

All Sundays, including Mothering Sunday and Easter Day - 11.00am

Stations of the Cross

A short, reflective service during Lent recalling Jesus' walk to the Cross.

Wednesdays 20 February to 20 March inc.
at 7.30pm in church followed by our
Lent Study Course 'The Stormbreaker'

Night Prayer in Holy Week

Monday 26, Tuesday 27 and Wednesday 28
March at 7.30pm (various locations)

Maundy Thursday 'The Lord's Supper'

28 March at 8.00pm in church

Palm Sunday - the first day of Holy Week

10.50am Blessing and Procession of Palm
Crosses from the church hall, through the
fields and back into the church building for
the rest of the service.

Good Friday

For full details, please see below.

Easter Day

Dawn Celebration of the Resurrection at 6.30am
on Downley Common, led by Revd Mike Hill

EVERYONE IS WELCOME

Please see our noticeboard or visit our website for full details

www.stjamesdownley.org.uk

M A HUNT

painting & decorating

FREE ESTIMATES

FRIENDLY SERVICE

01494 564998

0775626752

hunt.m6@sky.com

27 saunderton vale high wycombe bucks hp14 4lj

JR-Travel Private Hire

We can take you in comfort to almost any destination you require including; airports, seaports, theatre trips and any special occasions.

Fully licensed drivers.

Family run business based in Downley.

For a competitive quote please give us a call.

Tel: 01494 63 95 63

Mobile: 07762 886208

Website: www.jr-travel.co.uk

Email: enquires@jr-travel.co.uk



Accutum



Chartered Accountants

Business Support – VAT returns, payroll, management accounts, book keeping

Business Growth – Accounting software, ISO 9001 quality systems, funding advice, incorporations, VAT registrations, tax planning and business structure, cash flow forecasts, business plans, loan applications

Business Accounts, Tax & Compliance – Ltd company accounts, corporation tax, sole trader accounts, sole trader income tax returns, company secretarial, annual returns, VAT schemes, construction industry scheme

01494 856193



Support your local voluntary Library



Downley Community Centre
School Close,
Downley,
High Wycombe
Buckinghamshire HP13 5TR
Tel: 01494 528133

Library Opening Times

Mondays 10-12 noon

Thursdays 3-5 pm

Saturdays 10-12:30pm

There is a charge of 20p per book for up to three weeks loan and a 20p charge per week is made for each overdue item up to a maximum of £3.00. The loan period may be extended by phoning the library during opening times. There is now a free loan on all children's picture books.

Email: enquiries@downleylibrary.org.uk

View of Library



The library has a constantly changing stock of about 5000 books. This number is split approximately 50:50 between adult and children's books. The library has many non-fiction children's books that cover the present school curriculum. Why not come along and have a look at our selection. If we haven't got the book you need we will do our best to get it in for you providing the cost is not too high. In addition we have wide range of children's books to suit all ages. So why not bring your children to visit your local library?

Computer & Internet Facilities



The library has two computers for member's use, both with internet connection. This facility is free. We also have a copier/printer available. Charges are 10p for a monochrome and 25p for a colour copy. We can also laminate your prints, up to A4 size, for a cost of 75p per copy.

The library committee have decided to open the library for an extra half hour on a Saturday for a trial period. We believe many parents with children at sport fixture might be interested in the extra open time.



Latin inspired Dance Fitness
Fun Cardio workout to Latin and international rhythms

MONDAYS 8 PM
THE MEMORIAL HALL

WEDNESDAYS 6.45 PM
THE DISRAELI SCHOOL, ANTHONY CLOSE

FIRST CLASS ONLY £1 WITH THIS AD

Please call Karen 07786 567376 / www.zumbacrazy.co.uk

MARK EVANS

PLUMBING & HEATING ENGINEERS

- Gas Safe registered no. 118353
- Full Liability Insurance
- 30 year's experience
- Competitive rates
- Complete bathroom installation
- Boiler servicing and repairs
- New boilers and unvented hot water systems
- Central heating systems
- Solar panels
- Small work also undertaken
- Local and reliable
- Free quotes/No call out charge

T. 01494 718 661 M. 07779 013 565

Connecting young people in Downley with their Community & Environment



*Seasonal and fun events coming soon
starting with:*

Spring

Downley tree sapling planting event on the common with DCPS

Look out for more information on the:

Downley Community website or Facebook page
or contact Sonia and Amber downleyconnect@btinternet.com

Chilworth Care

Home Care Support and Service to the Elderly

Domiciliary care

Live in care

24 hr on call service

Evening and night time support

Contact us on

01494 523480

Or visit our web site www.chilworthcare.com

The Reflex Zone

Reflexology for health and wellbeing

- *Member of the Association of Reflexologists*
- *Locally based, calm and relaxed treatment room*
- *Maternity Reflexology also covered*

Tel: Jo 07956 309099

www.thereflexzone.co.uk



If you have any questions, please don't hesitate to call.

Reflexology is a safe, gentle complementary therapy that boosts the body's healing systems & helps combat stress.

Spirit Hair Company

Award Winning Salon

Recommend your friend or family to Spirit Hair
Company and get 50% off your Cut, Blowdry & Finish
(save up to £15.00)

50% off Wash, Cut, Blowdry and Finish (save over £15.00)



Name of Client: _____

Name of friend/family: _____

Date of visit: _____

Kathleen Cottage, High Street, Downley, High Wycombe. Bucks HP13 5XJ

Tel: 01494 440132

www.spirithaircompany.com

Please bring voucher to receive your offer. The Spirit Team look forward to seeing you very soon. Terms and Conditions apply. Valid until end April 2013

Spirit Hair Company

Award Winning Salon

Spirit Hair Company would first of all like to wish all their clients a wonderful 2013.

Already into February and we have begun our New Years journey with a photo-shoot in London where Kelly B, our Senior Stylist and Livvy, our Graduate Stylist had a wonderful day at The Goldwell Academy in London, creating two fantastic images on their beautiful model. These pictures begin our photographic journey this year and the final collection will be ready by the summer.

We've also been part of a huge charity concert at Shepherds Bush Empire in aid of Daytrippers Children Charity where Lauren, Mikaela and Lucy treated some of the Orchestra to fantastic hairstyles. This event hit the national news and you can see what the concert was all about and our pictures on our Face Book page "Spirit Hair Company" just like us to join.

We have dedicated this year to our year of "CARING". Caring for our clients, Caring for each other and Caring for our Community. Caring also means sharing and we would love our clients to share their experience at Spirit with their friends and family that have never been to the salon before. Just bring in the voucher in this edition of The Downley News to claim.



And here's just a few reminders as to why we really are the out of town salon with the in town image that brings hair back to life:

- Open Late until 9pm Mon to Thursday
- Professional Stylists and Colourists (Team of 15)
- Top Retail & Salon products: Goldwell, KMS, Schwarzkopf, Cloud 9
- Loyalty Programmes and Regular Offers
- Free WiFi and great drinks selection
- Competitions and Prize Draws
- Teenage Spirit Membership– discounted rates for 13-19 year olds

See the Voucher opposite to claim 50% off your first visit
For more information look us up at: www.spirithaircompany.com or
email us at: info@spirithaircompany.com.

Even the finest of

bodies need a little paintwork



Winner Franchise
of the year 2008
2009 Franchise 500

Revive! repairs those unpleasant bumper scuffs, eye-sore damage to your wheels, and those small annoying scratches on your vehicle. But with Revive! you get more than a paint touch-up. You get a lifetime guarantee* on the work we do, a quality professional service and a pristine looking vehicle.

So call Byron today free on:

0800 316 6027

Mobile:

07779 325201

or visit our website:

www.revive-uk.com



REVIVE!
getting your car back to mobile on time

Treat yourself to the finest in beauty therapy from a friendly, local and fully qualified beauty therapist, providing top class luxury treatments in a relaxing environment.

GIFT VOUCHERS also available.

BEAUTY
WITH
HELEN

beautywithhelen.co.uk

Helen Priest
29 Grays Lane, Downley
High Wycombe, Bucks HP13 5TZ
Tel 07885 605514
Email helen@beautywithhelen.co.uk

theguild

MUX

siennaX



Technology! Love it, hate it, we all use it on our smartphones, tablets, PC's, laptops.

Here is a new opportunity for you to write your own review on tech you own, games you love, devices which form part of your world!

Maybe its not the device but the software, app or language which lights your fire? Let us know by sending your article, review, comment or pictures into info@downley.org.

***Don't forget you can also post on our face book page too:
www.facebook.com/Downley.Community.***

Does your tech help your daily life?
Here are a couple that readers have told me they use all the time;

- Type 'next bus' on your smartphone; a useful web site pops up to enable you to track and manage your daily bus use around the Downley area and/or any other areas.



- Type 'employment cloud' into your smartphone and download a free app and benefit from free employment advice.

TECH continues with first games review ...



MAGIC CARPETS

- Carpets & Vinyls
- Supplied & Fitted
- We bring samples to your door

T: 01494 484977

M: 07970 042903

magic.carpets@btinternet.com

EXPERIENCED

SEWING MACHINIST

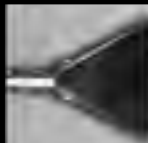
FOR ALL YOUR REQUIREMENTS

SOFT FURNISHINGS,
REPAIRS/CLOTHING ALTERATIONS,
UPHOLSTERY ETC.



PLEASE CALL "SUE"

ON 01494 638511



"New look"

Carpet & Upholstery Cleaning

Local & National Services • Domestic & Commercial • Free • No Booking Fee

No Job to Big or Small

**Carpets + Rugs + Upholstery
Leather + Curtains**

*Rapid Drying Times, Spot & Stain Removal, Stain Protection,
Dust Mite Removal & Control, Colour Removal*

**Deep Clean Hot Water Extraction Method,
the Most Thorough there is (or Dry Clean) With No
Harsh Chemicals, No Shrinkage, No Colour Run,
No Dirt Attracting Residues Guaranteed**

*Fully Insured Local Professional Service with Sensible prices,
References & Guarantees Available*

Call Steve: **07940 756 491** or **01494 521 364**

Email: newlookcleaning@virginmedia.com

Go on, Give Your Home a "New look"
www.newlookcleaning.vpweb.co.uk

"The Top" 43 Pioneer Hill, Haverhill, North West Essex, Essex SS11 3 7W.

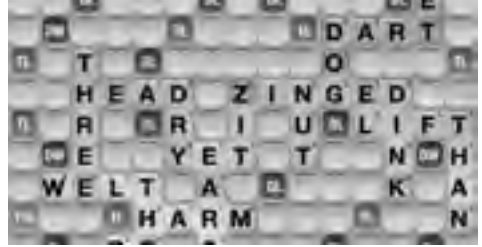
Our first game review:

A Game of Words

I have never been much of a video games person, the feeling I get when your opponent presses a combination of buttons that unleashes the killer blow to remove your character from the face of his digital planet. You know the feeling right? The knot that seems to magically appear in your stomach when the inner loser knows that the 10 year old you are playing is faster than you are and knows more about the habits of Gwoth the Orc King than the real village they live in. Well that feeling doesn't fit me very well, so I tend to opt for the spectacle of watching better matched players digitally pummel each other while shouting words of encouragement.

There is however a solution to this ever-increasing problem of being out matched at every turn, words, well Words with friends to be precise. I was introduced to an app for my Smartphone, by my cousin Kevin (yes I have a Smartphone, I may not be a soldier of fortune and over 40 but I can and do send message by email and text). This app was Words with Friends, it's like Scrabble but less aggravating, in scrabble if you put down tiles to make word 'suq', your opponent will argue "that's not a real word" and spend 15 minutes hunting for a 30 year old dictionary to prove the point. Words with Friends does the arguing for you, you see if I put 'suq' in and the app says it's not a real word, then it is not a real word and you find another, simple, no argument and no 30 year old out of date dictionary.

I have played about 20 games so far and haven't found a single special move; other than the 97 point word my



wife served up once, but that took some thinking on her part and rather than get a knot in my stomach and let my inner child scream "that's not fair" I applauded her knowledge and vowed to remember that word and that moment so I could get my own back; ok so the inner child was hanging around in the shadows a bit.

The point is, I know more words now than I did before I started, I don't get stressed with it and can win against a 10 year old orc called Gwoth, so I guess I am winning all the time really!

Words with friends: available for free on iOS or there is paid version at £1.69. The app is also available for Android and Blackberry as well as on Facebook. I would try the free version first just to see if you like it, this comes at a cost as after every word placed on the board, an advert appears.

By the way, a Suq is a market, or part of a market, in an Arab city. A variant of Souk.

By Mark Starkey



11+ TUITION



Highly successful courses designed specifically to maximise your child's potential

Courses tutored by John Callow B.Ed (Hons), former Deputy Head Teacher with 30 years practical experience of guiding children through the 11+

**SMALL CLASSES—
EXCELLENT RESULTS**

ALSO TAKING YEAR 4 ENQUIRIES

TEL 01494 445969

KMG

Building Contractors

- Extensions
- New Builds
- Brickwork & Blockwork Specialists
- Patio's / Paving / Landscaping
- Block Paving / Driveways
- Groundwork
- All General Building work undertaken

For a FREE no obligation quotation, please contact Matthew Flint
T. 01494 437221 M. 07818 081775 E. flint478@btinternet.com
8 Bowler Lea, Downley, High Wycombe, Bucks HP13 5UD

Professional, Competitive, Reliable Builders. Local references available upon request.

Downley Art Show 2013

Back by popular demand, the Downley Art Show 2013 will again run during the week (Monday to Friday) before Downley Day in the Community Centre during the evenings.

Again the theme will be open to whatever the artist prefers and there will be the sections for 2D (drawing, painting & crafts), 3D (sculpture, woodcarving etc), Photography and Poetry. As last year, these will be divided into two major categories of junior and adult with the juniors in three age groups; pre-school, primary school and secondary school and adults into three categories of beginner, student and professional.

There will be prizes for the winning entries and the opportunity to exhibit at the Wycombe Library. That exhibition for last exhibitors has rolled forward due to refurbishments at the Library. The revised date has now been confirmed as 30 July to 18 August with the set up day being 29 July. Given that the date is now after our second show we will make the exhibition at the library one that combines the best of both village shows.

There's more...

The organisers are planning a couple of related activities. One is to publish a Downley Calendar for 2014 (more later) and the another is to compile a video record of the village. We will be inviting residents during Art Show week to bring along their video clips of events, happenings and reminiscences both old and new of their life in Downley. With your permission, the best of these will form an archive of Downley life to be uploaded onto a Downley Channel on Youtube. The Youtube channel will be maintained as another of the public faces of



Downley along with the Facebook page and the downley.org website.

So start thinking about your entry to the Art Show. If you need some help, look at the hints and tips articles in this issue and in future issues and if you're looking for inspiration, the major topics of the year are likely to be the 60th anniversary of the Queen's Coronation and a Royal baby Cambridge – plenty of symbolism there!

Keep an eye on the website and Facebook for further developments and of course in the village news and we hope to see you at a bigger and better Art Show.

Read on for more of the Village Calender...





Learn Enjoy Achieve Perform

Drama and Musical Theatre are exciting, healthy and creative art forms that build confidence and explore imagination, while developing physical skills and self-expression

For pupils aged between 5-18 years old, based in Downley, High Wycombe

Visit www.leap-performingarts.co.uk
to find out more or call
07896 048 841

Accredited with:
JAMBA
ESB
Examination Boards



Computer Problems?

We offer friendly and professional service to home users
and small business

Computer Running slow / Broadband issues / Data Recovery
Problem with Wireless Network / Virus Removal
Need New Affordable Laptop or Desktop Computer

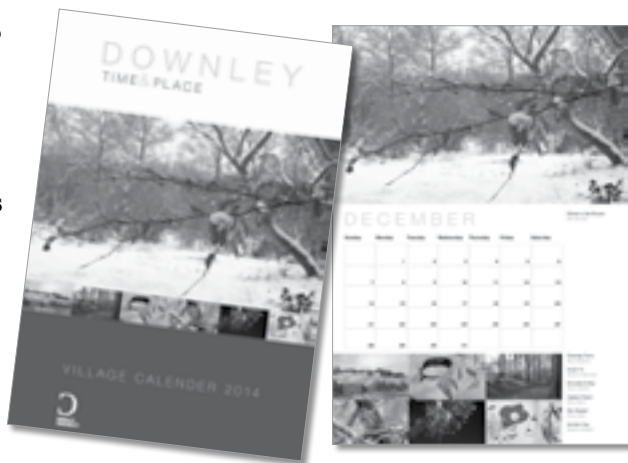
NO CALLOUT CHARGES

Contact: Joel
0777 1814264
01494 438124
joel@jocom.co.uk
www.jocom.co.uk

A Year In Pictures

Our Village Calender

One of our greatest local resources is the green space that surrounds us (even if it is inaccessible and covered in snow at times!). Many of us, but I am sure not enough, often access this space when exercising or walking the dog and capture the goings on in picture form.



To ensure the pictures we take or make as the seasons roll by do not go to waste we would like to let more people enjoy these images and are therefore planning to produce an annual calendar of a year gone by (don't worry the dates will be for the coming year so it will still be useful!). To produce this calendar we need you to submit your images representing 12 months in Downley to info@downley.org or post them onto our Facebook page: www.facebook.com/Downley.Community.

Your pictures do not have to be scenic they could be an important occasion for you or your Family, maybe a birthday, exam day or grandparents anniversary. They could be for and by clubs and societies of the village. As well as the main pictures on each month of the calendar we will have many smaller pictures on each page so as many people as possible can have their picture in print.

Simon Scott, Editor

Appeal For Census Article Collated By Noreen Talbot

We appeal to local residents to help us find articles written by Noreen Talbot some 10 years ago for the village news. She reviewed the Census returns for Downley which started in 1841 but she has since moved away from Downley. Do you have a copy of her articles or can you put us in touch with her at her new address?

Please contact desmond.ryan@tiscali.co.uk if you can help.



Conservatories & Orangeries In Aluminium, Hardwood & PVCu

- MASSIVE CHOICE OF COLOURS •
- FREE QUOTE & DESIGN SERVICE •
- ESTABLISHED 20 YEARS •



Call 01494 522321 for Advice & FREE Quotation



Or call in to see us at Notcutts Garden Centre,

Clay Lane, Booker Nr Marlow. SL7 3DH



www.valeconservatories.com

MTS

WINDOW CLEANING

Windows, Fascias, Gutter and Conseratory Roof Cleaning

Regular and one-off service available

Reliable. Friendly and insured family business

Call or email for a FREE quote

Tomasz Slota

01494 259474 / 07903 520581

email: mtswinclean@hotmail.com

36 Squirrel Lane, High Wycombe, HP12 4RS

J. Heartycough's Horticultural Hints - Winter 2012

Wal, happy new year to orl me old mates, and one or two new ones, wal you know who I mean...

My last H.H. piece said get out your seed catalogues and make your choices, over a little glass of something warming, so have you sorted out your orders? Try something adventurous as well as the staples, you never know, we might get a summer this year Ha Ha... 'might' is the word! It's freezing hard as I send this to Mr Editor, then it'll be a swamp in the garden and alloment when it thaws. (see later down the page regarding wellies). You should have your spuds a'chittin' by now, try 'rocket' for very early ones, 'charlotte' for salad pots (they don't bust up when boiled), and if you don't want slugs in your spuds don't use 'maris piper', mine last year were full of 'em. (Mrs H. gets upset, can't think why, if she cuts into a buttery pot' and finds a nicely cooked slug inside...).

By March you should have all your veg. seeds ready to go, early peas, broad beans, cabbage (try 'greyhound', very quick, conical shape), parsnips, (make a deep, narrow parsnip shaped hole, fill with compost, sow seeds and thin to strongest seedling, very slow to germinate). Also sow some lettuce in a 'cell' box and get em a'goiin' in a cold frame. Take a risk and sow some really early, a packet of seeds is only what a mug of tea costs now!

Yor daffs and crocuses will be up, snow drops finished, dead head the daffs so the energy goes back into the roots and not the seeds! Water yor wallflowers and feed 'em, lovely scent on a warm day. (we've got a lovely winter flowering vibernium in the garden, tiny pink flowers, highly scented in doors, it's been a good year for 'em, lots around in Downley gardens). Who knows the variety, let me know and I'll put it in the next H.H. article. Then get yor toms a goiin',

geraniums (a bargain if you buy the boxes of starters, just pot 'em and keep inside till frost 'as gone.). (Mrs H. says I drop me 'h's, so maybe this should be J.'artycough's 'ints'...!).

Anyway, now to my grump about wellies....this really gets me goin'. Where are the proper wellies, big, heavy, black rubber on canvas ones, that lasts for years, (they used to cost about 8/6d,) Orl you can get now is those prissy green or blue ones, with silly buckles no-one uses, or ones covered with flower pictures, I ask you, I bet some people won't put 'em on on a wet muddy day in case they get mucky! And they split in next to no time. You can pay for orl your years seeds for the cost of one pair of these! A mate of mine over the farm had a multi coloured pair,, one green, the other black, so he knew which was for the right foot and which for the left, but funnily enough he 'ad (oops,) another pair, but the other way round, he could never work out why, but he was from Nappel...need I say more!

Now something I like in the garden are mini meadows, so don't mow orl yor grass, leave a patch, in a fancy shape, and watch what comes up, it's very interesting, get yor kids to keep a note through the year, you might get butterflies, grasshoppers, ants, grass snakes, and it saves energy, petrol etc. In late summer cut the grass and compost it, (it's yor own haymaking),Oh, and get yor winter compost on the spud bed as soon as possible, spread it onto any young spud shoots to keep late frost off 'em. Remember yor sense of humous.

Get a'weedin' and get a spring in yor step!

TTFN.

J.H sent from my iSpade.

WORKMANS AIRCON LTD

For all your air-conditioning needs within the commercial & domestic sector
We supply Heating & Cooling all year round

Sales, Design, Maintenance, Installation & Service

Domestic Sector

Conservatories, Bedrooms, Living Areas, Kitchens, Home Office, Wine Cellars, Basements & Top Up
Service Available For Car Aircon

Commercial Sector

Offices, Information Technology Suites, Pubs, Cellar Coolers, Cold Rooms, Freezer Rooms, Stand
Alone Fridges & Freezers, Display Cabinets, Bootle Coolers, Ventilation, Mechanical Services,
Decommissioning Works & Removal Of Old Plant

*All work guaranteed & all budgets & manufactures catered for
All equipment fitted will carry an energy label 'A' or 'B' saving on running costs*

Please visit us at www.airconworx.co.uk for full details

Or contact Paul on: 07966 772646 / 01494 521503

email: paul@airconworx.co.uk or workmansaircon@btinternet.com



Our services include:

- Picking up prescriptions/ Paying invoices/ Putting parcels at the Post Office/ Dropping off and collecting dry cleaning
- Ironing
- Eco friendly cleaning services
- Washing plants, picking up the post and turning lights on/ off when you're on holiday
- Waiting at your home for a hospital engineer/ service man visit or large deliveries
- Companionship visits (non-medical) for elderly or housebound loved ones
- Visiting institutions (even during working hours)
- Walking dogs, feeding pets, cleaning out cages/ litters and visit to the vet
- Local food shopping/ Gift shopping for last minute presents
- Making and delivering of "from scratch" bread made
- Your personal chef for dinner party catering
- Party planning (writing of invites, arranging catering and booking the venue and entertainment)
- Miscellaneous odd jobs for small business
- Emergency Mum

Whether your needs are daily, weekly or monthly, we can make a bespoke plan to best fit your requirements. We pride ourselves on treating your errands as if they were our own. No Errand is too big or too small, so please call us now for a free consultation and find out how we will make your life easier. You won't know how you managed without us.

All Staff are **CRB checked**

Call us today on **07938 355 587** or email myerrandranners@gmail.com

www.myerrandrunner.co.uk

Recipe Corner

Add some nutritional dynamite to your New Year health plan. The elements of this salad can be changed to suit your

Spring Salad

Ingredients

Serves 4

- 1 Mixed salad pack
- ½ pk spinach leaves
- ½ pack rocket
- 4 diced sundried tomatoes
- ½ cup of diced mixed olives
- 1 teaspoon of capers
- 1 teaspoon of mini pickled onions
- 1 finely grated garlic clove
- Pinch of salt
- Pinch of ground pepper
- 1 tablespoon of olive oil
- 1 tablespoon of balsamic vinegar



Method

Mix all ingredients together in a large salad bowl. Add the olive oil and balsamic vinegar immediately before serving mix again and serve.

Vary the ingredients to taste or try adding Satsuma segments or asparagus. This salad goes perfectly with most pasta dishes and all your BBQ favourites. Enjoy !



‘GIVE IT A GO’ The New Year Active & Get fit plan

Find yourself juggling 101 things at the same time? With family, work and other commitments all competing for time, being a Mum often means that ‘Me Time’ doesn’t get a look in.

It’s so easy to forget to set aside a little time just for you, but this January there’s a way for you to get a bit of time to yourself, and keep that New Year’s Resolution at the same time.

Back to Netball sessions and Beginners Running courses are taking place across Buckinghamshire and Milton Keynes at times and venues to suit you; like straight after the school run, so it’s easy to fit into your routine. With a weekly session to attend where you know you’ll see friendly faces and have lots of fun, there’s no reason not to dedicate an hour a week to yourself.

Hundreds of women have already joined their local session and love the way it makes them feel, Alison, 32 who lives locally says, “Last New

Year I swapped my fad diet and found my way Back to Netball instead. It’s me time and it’s far more fun than when we were at school!”

And for anyone who would like to do a charity race but thinks that they can’t run, there are lots of women who can prove you wrong. Beginners Running courses will ease you in gradually, starting at walking pace, so you’ll soon be hooked and feeling energised, just like Karen, 41, “Completing the 10 week beginners running course has shown me that running can be safe and fun. The group keep me motivated to come back each week and that means my occasional slice of cake is guilt free!”

So whether you go on your own, or drag along some friends, attend one of these beginners sessions this New Year, and make this resolution one you’ll keep. For more information and to find out what’s on near you go to www.reactivatebucks.org



**Extensions • Renovations • Loft Conversions
Driveways • Fencing • Hard Landscaping & Patios**

*Fast Friendly Service - Free Estimates Given
Fully Insured - References Available*

Jody Smith

59 Grays Lane, Downley, High Wycombe, Bucks. HP13 5UG

Tel: (Home) 01494 451861 / (Mob) 07979 648239

M.D. Garden Services



Gardener

Pruning • Shrubs and Flower Borders

Fruit and Vegetable Pots • Hedges

Lawn Care • Indoor Plants



Horticultural Engineer

SERVICE • REPAIR • SHARPENING

Lawn Mowers • Garden Tractors

Strimmers • Blowers • Shears • Chainsaws



NO OBLIGATION QUOTES

M. L. Dunn

Home: 01494 865834

Mobile: 07795 158292

DJ Coles Property Services

Professional High Standard

Established in 1999

- Interior & Exterior Decorating
- Paper Hanging
- Coving
- Carpentry & Kitchen Installations
- Laminate & Wood Flooring
- Door Hanging
- Fencing & Decking
- Loft Insulation & Boarding
- Gutters, Fascias & Soffits
- General Property Maintenance & Improvements

Competitive Rates

Tel: 01494 715690 / 07747 783015

Gone Phishing

Fraudsters drop their bait into the murky waters of the internet to see who will bite....

Phishing is the name given to sending a trick email to get hold of your passwords, usernames, credit card details and other personal information that you use for online payments or banking. This type of fraud is most commonly done by email but sometimes by text message, or telephone.

How do they phish?

Phishing emails mimic ones that at first glance could come from your bank or perhaps PayPal or HMRC for example, and they will say that their computer system has detected some kind of threat to your account and that you therefore need to confirm, update or verify your details urgently otherwise your account will be closed in a matter of days. There will be a link to a website where you can enter these details as requested, and this is the danger – the link takes you to the fraudster's own website, designed to look like the real bank's website, where they will collect your account details. The next time you look, your account will be empty.

Giveaway signs of a phishing email

1. The email will address you as **Dear Customer** rather than by your name. There may be several email addresses as well as yours in the 'To' line.
2. The message is **designed to alarm you** with a threat to your account unless you give them information quickly.
3. You will be asked for **personal information** – date of birth, password, PIN number, security code etc.
4. The link in the message might well have the real company logo and even the company name in the URL address but it is possible for phishers to create a **fake URL** that does contain a legitimate name in it but with other

words, <http://www.barclays.confirmdetails.co.uk>, or misspell a legitimate name just slightly to <http://www.barlcays.co.uk>. Note that if you are supposed to enter personal details on any legitimate website the address of that webpage will begin with the secure **https** prefix not just **http**.

5. Look out for **grammatical mistakes** or sloppy spelling in the email.

What to do if you get a phishing email

If you think it might possibly be a genuine message do not log into your account by using the link sent to you in the email – type in the web address you usually use yourself and navigate from there to your account. A genuine message will also be waiting for you in the genuine website.

Banks or other financial institutions will NEVER ask you to verify your personal information by clicking on a link in an email.

Forward the email to the bank so that they can investigate, before deleting it.

Do not click on a link from a strange email, and do not open an attachment sent with a strange email in case it contains a virus that could damage your computer or steal information.

Phishing by phone

Beware phone calls alerting you to a security problem with your account and asking for similar information, or for you to give your bank card and PIN number to a courier. Never give out personal information over the phone unless you have found the number and dialled it yourself. Your bank will never ask for your PIN number, so don't give it to anyone else either.

Phishing by text message

These may ask you to telephone your bank on a number they give you to verify, confirm or update your account details – again, never give out personal information over the phone unless you have found the number and dialled it yourself.



Circuit Class!

Every Thursday

At The Disraeli School

6.45pm-7.45pm

Get in shape, tone up, have fun!

First class is FREE!

Don't miss out! Places will be limited, book to avoid disappointment!

For more information and to arrange your FREE trial class, contact Chris:

07743 950231 or www.satorifitness.co.uk

COSTA BLANCA HOLIDAYS

Spend a week or two in our beautiful apartment in Villamartin, Costa Blanca.

Family owned, sleeping 6 people. Two bedrooms, two bathrooms, English TV, fully equipped kitchen, air con etc.

Close to Alicante & Murcia airports, 5 minutes from beach close to many major golf courses, shopping, bars and restaurants.

Relax and enjoy the sun sea & sangria for the same price as a UK holiday but with guaranteed sun. Prices from £120 per week.

Contact Anthea Martin for full details and brochure.

07846331843



Coming Soon! Downley Spiritualist Centre

Where? **Old School Community Hall** (Beech Room)

When? **Friday 1st March 7.30pm till 9pm**

And on the first Friday of each month thereafter! (5th April; 3rd May and so on)

Meetings will take the form of a service (similar to a church service) and Sue Ellis, an experienced spiritual medium will be in attendance. At each service there will be a different medium in attendance. After the service, there will be the opportunity to discuss the future development of the centre.

Many people are confused about spiritualism and so it might be helpful to offer an explanation and to give everyone an idea of what to expect.

Like all “isms”, Spiritualism is a philosophy. Spiritualism and spirituality are ecumenical: in other words: this is for everyone! Spiritualism is based on the following seven principles:

1. The fatherhood of God
2. The brotherhood of man
3. The Communion of Spirits and the Ministry of Angels
4. The continuation of the human soul
5. Personal responsibility
6. Compensation and retribution for good and evil done on Earth
7. Progress open to every human soul

The purpose of mediumship is to provide evidence of that loved ones, who have passed over, have survived and are now on the spirit plane. Mediums often pass messages of encouragement that help us with our daily lives.

Here is a normal concern about Spiritualism:

I am worried spiritualism conflicts with my religious beliefs?

There is no conflict between spiritualism and religion. Spiritualism is a way of looking at things from a slightly different perspective.

I'd be embarrassed if the medium were to give me a very personal message in front of everyone?

A medium would not give you an intensely personal message in front of others. They would ask you to see them later to receive the message.

Please mark the date and time in your diary. A warm welcome awaits every open heart and mind! I look forward to welcoming you there.

Laraine Spragg

DO YOU NEED A DOMESTIC GODDESS TO COME AND WAVE A WAND ?

Professional & Reliable House Cleaner

- * All General Cleaning Chores - Spring Clean / Party Clean
- * End of Tenancy Clean & Dress for Re-Let
- * After Builders Clean
- * Wardrobe Tidy & Freshen-Up
- * Washing & Ironing
- * Dog Sitting in your home / Dog Walking
- * Garden watering whilst you're on Holiday



For more info or book an Appointment
Call Melanie on 07779 236 143

**Introductory Offers available
And Friend Referral Bonus**



For a free quote please call:

Barry Dickerson
Mobile: 07770 363184
Email: b.dickerson@btinternet.com

COMPLETE

Bathroom & Kitchen Installation

- *Expert Advice*
- *Installation*
- *Plumbing*
- *General Building*
- *Wall & Floor Tiling*
- *Hardwood and Laminate Floors*
- *Decorating*
- *Service with a smile*

Downley Ancestors part 5

Family history is an interesting and absorbing hobby, not only for the dates of births marriages and deaths we can find for our ancestors, but also about what they did and how they lived within the context of the social history of the time. A variety of local sources can be used to gather information and build up a picture of the lives of individuals.

Frederick Joynson, son of John and Eunice (see Downley Ancestors part 3) was born the fifth child out of 9 in 1840. West Wycombe and Hughenden parish registers contain the baptism details of most of his siblings, but his is not there. The census returns of 1841, 1851 and 1861 confirm his place in the family. His Father and many of his wider family were or had been agricultural labourers, a common occupation in the more rural areas away from the towns.

Although John and Eunice had moved from Downley to Naphill (a short walk across the common), and Frederick had grown up there, by the time Frederick's third child was born, he and his Wife Ann (nee Stratford) had moved to Wycombe for him to take employment in the fast growing furniture trade.


During the second half of the 19th century the number of people with occupations associated with the furniture trade increased significantly, and the town which had always been important due to its location between London and Oxford and also the mills along the River Wye, was growing fast.

Between 1872, when Frederick was described as a cane seat-maker living at no. 20 Hughenden Road on the Baptism record of his Daughter Elizabeth Annie, and 1891 when he was described in the census as a Chair Manufacturer, he had certainly done well. In 1894 he jointly founded Messrs Joynson and Holland, chair manufacturers in Abercrombie Avenue.

When he died in 1916 he was living at 'Pretoria', 130 West Wycombe Road. From the newspaper article about his death more information can be found about his life. It mentions that he had been a Sunday school worker for over 50 years at the Primitive Methodist church in Wycombe, and was a Trustee of the White Hart Street Church ever since it was built. His funeral was arranged by Hull, Loosley and Pearce and after a service at White Hart Street he was buried in Hughenden Churchyard. His Wife was buried with him three years later.

From a variety of sources a picture can be drawn of the lives of the people we discover on the family history trail. Parish records, poll books, deeds, wills, street indexes and others fill in the details and our ancestors become real, rather than just names and dates on a list.

Paul Turner

 *Image by National Rural*





Le De Spencers Arms What's On



LIVE MUSIC WITH ELVIS AND NEIL DIAMOND

Saturday 2nd March from 9pm

LIVE MUSIC WITH WARD 4

Saturday 16th March from 9pm

LIVE MUSIC WITH M.F.U

Saturday 23rd March from 9pm

01494 535317

info@ledespcncersarms.co.uk

www.ledespcncersarms.co.uk

New year, new home?

If you're thinking of moving in 2013
come in and talk to us now



01494 529110 huntersnet.co.uk

highwycombe@huntersnet.co.uk



102 Easton Street, High Wycombe, HP11 1UF

Sales • Lettings • Management

HUNTERS
the estate agent

Moving you since '92

**We support all main and modern estate agents

Poets Corner

The New Arrival

Mary E. Howard

Welcome to a brave new world.
New eyes, new dawn, new day.
Lovely baby, welcome
to our world today.

What talents do you bring with you,
to share, enjoy with all?
Learn what you can, be happy.
Don't stray from right to fall.

Temptations soon will cross your path.
Remember do not stray,
So much to learn within this world.
Let truth within you stay.

Observe the people that you meet.
Learn from them what you will.
Avoid the harsh and bitter
as you journey up your hill.

Life is a journey all must take,
with mixture of emotion.
Wherever this Life takes you,
give truth the most devotion.

So, welcome to this brave new world.
Your journey now begun.
May childhood bring you happy days
with laughter and much fun.

Hands

P Morriss

Sensitive, soft, natural new-born skin
Precious, gentle, smooth as silk
Petite hands put in mine
White as milk.
Fingers that curve to grab a toy
A hand that rubs the weepy eyes
Small nails that flake off to the touch
Thumb in mouth, sucked till asleep
Comfort needed, breast of milk
Clever hands that mend and sew
Toil all day with sweat on brow
White and gesture, embrace and kiss
Dress and makeup, remember this
Shine your shoes, brush your hair, nails
to trim, polish to wear
Hands to welcome, hands divine
Sensitive, sensible, seductive hands of mine
Selfish, senile, arid, misused
Arthritic, injured and abused
Hands are giving hands that care
Hands are like a living pair

Downley Pharmacy

Hassle Free Repeat Prescriptions!

- ✓ Simply drop into the pharmacy to register or go to www.downleypharmacy.com
- ✓ Order your prescription in person, over the phone or online
- ✓ Your prescription will be ready to collect 3 working days later (free delivery also available)
- ✓ We can auto-order your regular medication



YOUR NEW LOCAL INDEPENDENT PHARMACY

Email: info@downleypharmacy.com
Phone/Fax: 01494 513 080

9 Glass Court
Princes Green
Ave, Downley

MON—FRI 9am-6pm
SAT 9am-12pm

Learn Baby Signing
the Fun Way!



Sing and Sign



Help your baby
to communicate
BEFORE speech
with our award
winning **MUSIC**
programme

Fun filled classes
recommended by
experts and loved by
babies and parents
around the UK

Classes in Downley & Princes Risborough

marlow@bater@singandsign.co.uk
07885 944904
Find us on Facebook

www.singandsign.com



AQUARIUS (MARLOW) WINDOW CLEANING LTD

Established Since 1984



- Professional Window Cleaning
- All Commercial & Domestic Work Undertaken
- Fully Insured Company
- Gutter Clearance

For a Reliable Professional Service Call

07970 915972

FLACKWELL HEATH, HIGH WYCOMBE

E: carogers@btopenworld.com

Letters

Winter's Worst and Downley Roads

Dear Editor and Downley Residents,

As I write, snow and ice have melted and memories of the wintry weather of mid January are beginning to fade. Isn't that always the way? Like the toothache that seemed overwhelming, once the problem has been dealt with, it's tempting not to bother visiting the dentist until the next niggling pain. However, this is the third consecutive winter when our road (Westover Road) has been impassable for much longer than adjacent ones that were gritted and then heavily used. I reckon that it has been at least a couple of days longer when my neighbours have to manage without their vans and cars, or take the risk of a fall on ice while walking, while other people elsewhere in Downley and Wycombe have become mobile once again. Those who still have to go through insurance claims for car collisions, or try and forget the memory of losing control of their own cars, may not put it behind them so easily. It's also worth adding that, with a one in ten slope, Westover Road becomes a dangerous skid pan once snow has been compressed into ice, but it is the only access road for Talbot Avenue and Lindsay Avenue.

What's to be done? I would suggest that our residents (similar to other private roads, or lesser used roads) don't have a prayer when it comes to petitioning Wycombe District Council for gritting services. I believe Westover Road residents have already taken some legal soundings when we needed to patch the road surface as a matter of urgency. WDC will not take responsibility. But, in other, wintry parts of the world, people take out private contracts with commercial firms to grit and clear, usually, when the road is quiet at night. There are contractors as close as Maidenhead, or better still, someone local may have access to a modern tractor and a fertilizer hopper – which is all a gritting lorry does, really. It's true that scattering grit (ie salt) on fallen snow has little effect, but a gritted road surface under a snow layer is so much easier to clear by hand, or other means, than when consolidated snow is pressed into the untreated road surface and frozen hard.

Does anybody else feel that it's worth meeting up to discuss the logistics of taking out a private contract for Westover/Talbot/Lindsay ie a joint effort?

Sarah Lewis 40, Westover Road lewiss67@ymail.com

Rose Apple Bakery

Handmade. Delicious. Beautiful.

We provide:

- Celebration cakes for all occasions
- Cupcakes and cupcake towers
- Wedding favours
- Iced biscuits and macarons

Christmas Specials:

- Cookie gift boxes
- Gingerbread houses
- Christmas tree cookie baubles

Free delivery in High Wycombe.

Visit our website at www.roseapplebakery.co.uk
or email us on enquiries@roseapplebakery.co.uk

only
£3
EACH ~~£4.49~~

MEGA DEAL

Pure Cake
Coca-Cola

half price
99p

half price
£1.85

only
£8.49

Tara's News

Monday - Saturday 6.00 - 7.00 Sunday 6.00- 2.00

19 Brindley Avenue, Downley, High Wycombe, HP13 5SX

Tel: 01494 529640

Post Office, Paypoint, Lotto

Dear Reader,

It was announced on 3 February that I shall be leaving High Wycombe for a new post in west Wales. I am to become the next Team Rector of the Rectorial Benefice of Carew, a mixed group of rural and urban parishes on the brink of a major reshuffle. My family and I will be living in Pembroke Dock, a historic Naval town of about 8,000 people on the beautiful Pembrokeshire coastline not far from Tenby. Our last Sunday at St James' will be 10 March - Mothering Sunday at 11.00am. I will be licensed in Pembroke Dock on 21 March...and, yes, you are invited.

I am writing to express my thanks to everyone at St James', other local churches and the wider community, right across the town, for their friendship and professional cooperation over the seven and a half years I have been here. It has been quite an experience in every sense.

Of course, I have only served St James' and the parish of Downley specifically since 2008 starting out (and continuing still now) at All Saints' in the town centre. But in these four years, I have been helped to uncover a very deep calling to traditional parish ministry.

Many people inside and outside the church do not value what a parish priest wishes to bring to his or her community; few understand that the parish church is charged with praying for and serving all within the parish....whether they like it or not!

Personally, even though I have lived in Downley since 2005, I came to the church as a relative outsider but have been taken in and made one of the family, as has my husband and three children.

So, to my many brothers and sisters in Christ here in Downley, and the many other people of goodwill I have had the pleasure to serve, thank you.

The Lord bless you and keep you, always.

Nicky Skipworth (Priest, St James' Church, Downley)

List Of Advertisers

Academy GB Doors	22	M.D . Garden Services	50
Accutum	32	M&J Motors	30
Altea Beauty & Holistic Centre	16	M T S Window Cleaning	46
AS Judo Academy	8	My Errand Runner	48
“Are you sitting comfortably” Upholstery	14	New Look Cleaning	40
Aquarius Window Cleaning	58	Peter Cork Plumbing	18
BB Plumbing	12	P K Stroy, Builder	18
Beauty With Helen	38	Pushchairs and Car Seats	26
Body & Soul Beauty Salon	22	Ranasana Tandoori	4
Charlo Architects	28	Revive Car Bodywork	38
Cleaner Required	28	Roof Technology	63
Chilworth Care	35	Rose Apple Bakery	60
Chris Saunders Foot Care	28	Satori Circuit Class	52
Complete Bathrooms & Kitchens	54	Sewing Machinist	40
Costa Blanca Holidays	52	Simply Stumps	16
DJ Coles Property Services	50	Sing and Sign	58
D & P Heating	6	Spirt Hair Company	36
Downley Pharmacy	58	Sweaty Betties Aerobics	24
Hammond Construction	6	Suttons’ Property Maintenance	10
Home Phone Solutions	4	Tars’s News	60
Hunters Estate Agency	56	The Window Doctor	26
Jessica Haywood Mobile Barber	28	The Painted Kitchen Company	24
J H Austin Painting & Decorating	30	The Professional Building Company	50
Jill Burrell Tutor	20	The Reflex Zone	36
Joel Akinsipe	44	TLC 4 You	8
JR Travel. Private Hire	32	Top Marks Tuition	42
Keeping It Clean	14	Vale Conservatories	46
K M G Building Contractors	42	Wave A Wand	54
LEAP	44	Woodland Management	10
Le De Spencers Arms	56	Workmans Aircon	48
M Hunt Painting & Decorating	31	Wycombe Photographic Society	10
Mark Braisher Mortgages	20	Wye Residential	2
Magic Carpets	40	Zumba	34
Mark Evans Plumbing & Heating Engineers	34		

Credits

Editor

Simon Scott at editor@downley.org

Layout

Pat Weedon at news@downley.org

Advertising

Contact: advert@downley.org

Distribution

Coordinated by Des Ryan. Volunteers to deliver locally are always needed. If interested contact Des on: desmond.ryan@tiscali.co.uk or 01494 520938

Rates

Half Page £30 | Quarter Page £20 | Eighth Page £15

Deadlines

The Village News is published quarterly in November, February, May and August. The deadline for adverts and copy for the next issue is 30 April 2013.

Copy

Please send text in editable format such as *.txt, *.rtf, *.doc, .docx. Photographs to accompany the text should be sent in as high a resolution as possible in any common graphics format. Copy should be sent to editor@downley.org. Any copy or photographs sent to this address may also be used on the downley.org website and facebook page: [facebook.com/Downley.Community](https://www.facebook.com/Downley.Community)

Steering Committee

The Downley Communications Forum set up as part of the Community Plan, provides oversight to the Village News, the Village enews and the downley.org website.

Chairman Bill Thompson

Secretary Peter Loadman

Treasurer Clive Beard

Webmaster Mark Starkey

ROOF TECHNOLOGY

Advanced Flat Roofing Solutions

Advanced Flat Roofing Solutions for over 40 Years and Counting

High Specification Flat Roofs And Roofline Products

We at Roof Technology install the best products available to protect your home or business from the excesses of the British climate.



Flat Roofing



Fascias, Soffits and
Guttering



UPVC-U Cladding

For a free survey and quotation

01491 572765

01494 980159

or email

info@rooftechnology.co.uk

Visit our website for a closer look at the products and services we offer, the guarantees we provide and discover what our customers say about us.

20
Year
Guarantee



www.rooftechnology.co.uk

Downley Diary *Please visit Downley.org for all the latest and up to date events and news.*

Mar	2	Quiz Nite in aid of Disraeli Downley Youth Club, St James Hall at 7.30pm
	2	Live music with 'Kontraband' at the Downley Donkey at 8.30pm
	2	Live music at the Le De with 'Elvis and Neil Diamond' from 9pm
	3	Downley Common Preservation Working Party at the Old Dairy at 10am
	8	Scannapeal Quiz Night at Hazlemere Golf Club starting 8pm
	9	Film Night & Supper at Sunnybank Church Hall at 7pm
	12	Parish Council meeting at the War Memorial Hall
	16	Live music at the Le De with 'Ward 4' from 9pm
	23	Live music at the Le De with 'M.F.U' from 9pm
	28	School term ends
	30	Spring table top sale & cream teas at Sunnybank at 2-4.30pm
	30	Live music with 'The Heist' at the Downley Donkey at 8.30pm
	31	Sunnybank Sunrise Service at on the cricket pitch. All welcome
April	4	Downley Common Preservation Open Meeting at the Memorial Hall
	7	Downley Common Preservation Working Party at the Old Dairy at 10am
	9	Parish Council meeting at the Downley Community Centre
	15	School term starts
	27	Ferret Racing at the Downley School, 4pm till 7pm
May	5	Downley Common Preservation Working Party at the Old Dairy at 10am
	12	Rogation Sunday walk starts Memorial Hall at 2pm finishing Le Despencers
	14	Parish Council meeting at the War Memorial Hall
June	2	Downley Common Preservation Working Party at the Old Dairy at 10am
	8	The Downley School Summer Fete, 11am to 1.30pm
	17/21	Downley Art Show at The Community Centre from 6pm
	21	Family Disco on the Common from 7pm
	22	Downley Day on Commonsides 1pm till 5pm
July	7	Downley Common Preservation Working Party at the Old Dairy at 10am
	9	Parish Council meeting at the War Memorial Hall
	20	Concert on the Common starting at 7pm
	24	School term ends